SHARMANS CROSS JUNIOR SCHOOL MENU

w/c 14 October 2013

MONDAY	Gammon Steak
	Cheese Whirl
	Soft Rolls
Tuesday	Roast Chicken & Stuffing
	Quorn & Broccoli Bake
	Soft Rolls
Wednesday	Homemade Pork & Herb Roll
	Quorn Fillet
	Soft Rolls
Thursday	Breaded Salmon
	Vegetable Lasagne
	Soft Rolls
Friday	Vegetarian Spaghetti Bolognaise
	Cheesy Pasta Bake
	Soft Rolls